

Into My Heart

24 Count, 4 Wall, Absolute Beginner

Choreographer: Greg Wynn (UK) Jan 2014

Choreographed to: Knee Deep in my Heart by Shane Filan

Intro: 8 counts – start on vocals

ROCK FORWARD RIGHT, SHUFFLE BACK, ROCK BACK LEFT, SHUFFLE FORWARD

- 1-2 Rock forward on the right, replace weight back on the left,
- 3&4 Shuffle back - right, left, right,
- 5-6 Rock back on the left, replace weight back on the right,
- 7&8 Shuffle forward - left, right left,

¼ TURNING JAZZ BOX, POINT LEFT, BEHIND SIDE CROSS, POINT RIGHT

- 1-2 Cross right over left, step back left with ¼ turn to the right, (3.00)
- 3-4 Step to the right, point left to the left side,
- 5-6 Step left behind right, step right to the right,
- 7-8 Cross left in front of right, point right to the right side,

ROCK FORWARD RIGHT, RIGHT COASTER STEP, ROCK FORWARD LEFT, SHUFFLE ½ TURN LEFT

- 1-2 Rock forward right, replace weight back on left,
- 3&4 Step back right, step left next to right, step forward on right,
- 5-6 Rock forward left, replace weight back on right,
- 7&8 Shuffle ½ turn left - left, right, left. (9:00)

Also useful as a floor split with 'In My Heart' choreographed by Maggie Gallagher